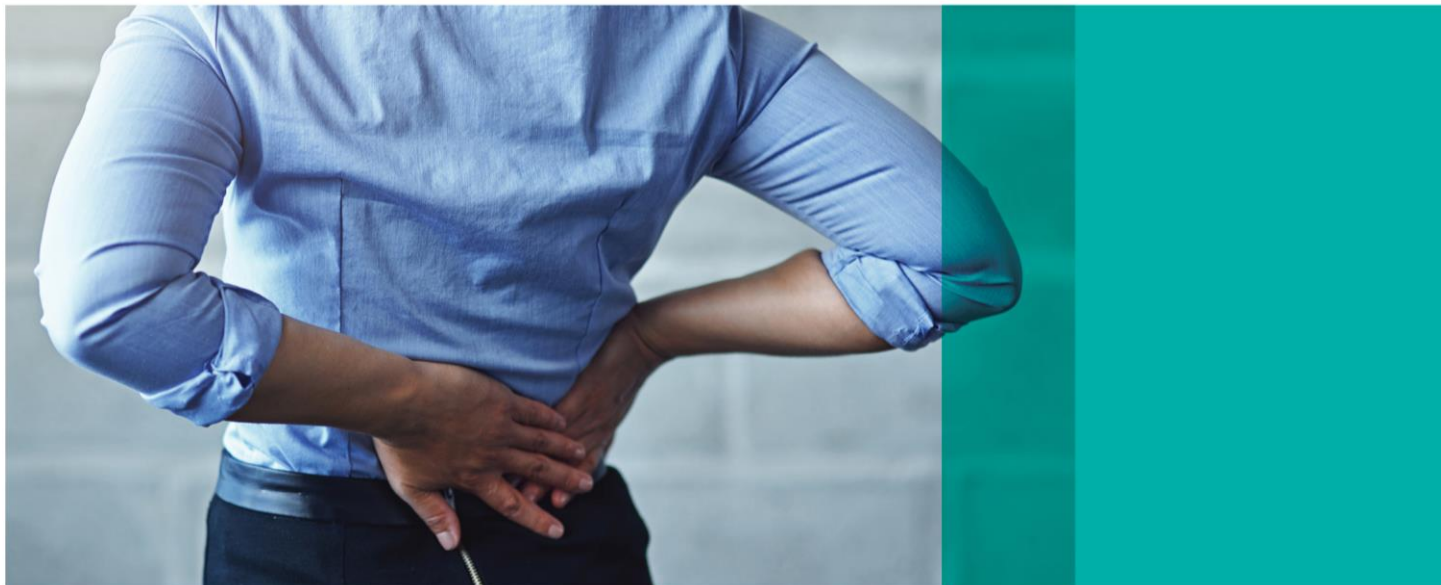


Did you protect your back?



Please answer the following questions and return back to <insert location>.

1. Was the program delivered in a manner that made it fun and engaging?
2. Did the program provide you with more information on the topic of 'Low Back Pain'?
3. Do you better appreciate the routine settings in which you can hurt your back?
4. Can you see yourself using the practical tips provided, to prevent hurting your back?
5. Do you feel encouraged to seek treatment instead of battling through chronic back pain?
6. Do you now feel empowered with health education to make informed decisions about your health and well-being?

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