Whitney: Yeah, health insurance...

Jon: Yeah. Health insurance, dental, vision. [Do you ever talk about Disability Insurance?] I don't work at like, a job that I would imagine I would get a disability from. I work at a desk. To me it's not a risk.

[Are you active?]

Jon: Well I kick box and then I run.

[Disability Insurance covers you outside of work too.]

[Disclaimer appears and remains on screen up until 00:29: "Testimonials are applicable to the individuals quoted. Your actual experience and results may differ. No one has been compensated for this testimonial. Photos do represent actual MetLife customers."]

Whitney: Until this conversation, I thought you had to be hurt at work for disability...

Jon: Like a pipe fell on your head, in your office.

Whitney: Getting a policy like that I think is really empowering. [Why wait to talk about your benefits?] There is something there to take care of you.

Jon: I guarantee you we're going to talk about this like, all night.